

CAT TREAT RECIPES

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Recipes Index:

- ~Natural Crunchy Cat Treats~
 - ~Cat Cookies~
 - ~Treat for Older Cats~
 - ~Fish Pudding~
 - ~Aromatic Fish~
 - ~Canadian Cat Relish~
 - ~Chicken Liver Risotto~
 - ~Chicken Stir Fry~
 - ~Crunchies~
 - ~Gruel~
 - ~Oeuf Royale~
 - ~Prawn Temptation~
 - ~Salmon Delight~
 - ~Steak Tartare~
 - ~Tinned Delight~
 - ~No Fui Tofui~
 - ~Tutti Fruitti~
 - ~Diarrhea Cure~
 - ~Kitty Taco~
 - ~Cat Wrap~
 - ~Kitten Delight~
 - ~Tuna Treats~
 - ~Homecooked Meal for Kitty~
 - ~SassyKat's Tuna-Pops (even safe for diabetic cats)~
 - ~SassyKat's Special Dinner (good for cats with diabetes or kidney problems)~
 - ~Kitty Heaven (Sardines & Rice)~
 - ~Bland Diet for Finicky Felines~
 - ~Vitamin Rich Meal for Felines~
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~NATURAL CRUNCHY CAT TREATS~

1/2 Cup Whole Wheat Flour
1/2 Cup Nonfat Dry Powdered Milk
1/4 Cup Wheat Germ
1/4 Cup Cornmeal
1/2 TBS Brewers Yeast
1/2 of a beaten egg
1/2 Cup Chicken Stock (or Can Chicken Broth)
1 to 2 TBS Catnip (optional)
5 OZ of any of the following meats Choose ONE:
Canned Tuna, packed in oil
Boneless Mackerel
Cooked Chicken, finely chopped
Cooked Liver, finely chopped

Preheat oven to 350 degrees.

In a small glass bowl, mash up either, canned tuna, mackerel, cooked chicken or cooked liver and set aside.

In a medium glass bowl, mix all dry ingredients together well. Add egg, oil and chicken stock and mix well. Add meat mixture and blend together well to form a sticky dough.

On a floured surface, pour out dough onto it and knead dough well to get a smooth texture. You may want to add more flour to achieve this.

Use a spoon or your fingers and form dime-sized balls of dough. Place onto a greased cookie sheet. I like to use PAM. Press with a spoon to flatten, you want to keep these treats small so that cat will enjoy.

Bake for 15 to 20 minutes depending on the cooking time of your oven, until golden brown, turn treats once.

Let treats cool for at least 20 minutes before giving to cat.

Store extra treats in foil for three days. After three days, place remaining cat treats in an airtight container and store in the freezer for no more that two weeks.

Makes up to 70 treats.

NOTE: If you do not wish to purchase the Wheat Germ, you may substitute rolled oats (uncooked oatmeal) instead. If you do not wish to purchase the Brewers Yeast you may substitute 1/4 tps. Garlic powder instead.

~Cat Cookies~

7 oz mashed sardines

1/4 cup dry non-fat milk

1/2 cup wheat germ

Mix ingredients. Roll into 24 small balls. Placed on greased cookie sheet.

Flatten with a fork. Bake at 350 degrees until brown.

~Treat for Older Cats~

1 bullion cube

Left over chicken - boned and shredded

Grated cheese

1/2 cup water

Pour 1/2 cup warm water over bullion cube and stir to dissolve. Add shredded chicken to water mixture just enough to form soupy consistency. Sprinkle with grated cheese.

~Fish Pudding~

1 cup leftover fish

1/2 cup water

About 1/2 cup bread crumbs

Shred fish, warm in water add bred crumbs. Until thick, stir and cook about a minute or two serve warm. May also be put on dry cat food as a dinner treat.

~Aromatic Fish~

Place fillets of whiting or coaly in a foil parcel. Pour over a little milk, season, and sprinkle with finely chopped coriander. Bake in the oven for 20 minutes on a medium heat. When cooked, flake, removing bones, and serve with the cooking liquid poured over. Garnish with coriander

~Canadian Cat Relish~

Simmer 500g (1lb) liver and 500g (1lb) white fish gently in water until cooked. Soak one cup of dry cat-food in half a cup of tomato juice. Drain the liver and fish, remove the bones, but save the liquid. Place all ingredients, plus one teaspoon of cod liver oil, in a food processor, using the metal blade. Use the saved liquid to adjust the consistency of the mixture to the cat's liking.

~Chicken Liver Risotto~

Cooked chopped chicken liver for about ten minutes in a well-flavored stock. Stir into plain boiled rice and serve sprinkled with chopped mint or parsley.

~Chicken Stir Fry~

Dice raw chicken breast. Heat oil in a wok or frying pan, and cook the meat quickly over a high flame, stirring all of the time. When the chicken is almost cooked, stir in a few flaked almonds for added crunch. Allow to cool and serve with a little plain boiled rice.

~Crunchies~

Cut some crusts from whole meal bread into cubes. Dissolve some Marmite in hot water to provide an amount suitable for moistening the cubed crusts, without making them too soggy. Space out the cubes on a baking tray and cook on the bottom shelf of a low oven until dried. Allow to cool, then store in an airtight container.

~Gruel~

(This is useful for introducing kittens to something more solid than milk, or for feeding to a convalescing cat.) Mix one tablespoon of oatmeal to a fine paste with a little milk. Bring half a liter (one pint) of milk nearly to the boil and stir in the oatmeal. Cook for about ten minutes, without boiling, stirring from time to time.

~Oeuf Royale~

Lightly scramble an egg beaten with a tablespoon of milk, and stir in slivers of smoked salmon.

~Prawn Temptation~

Mix cooked prawns with plain yogurt and pile onto squares of toasted whole meal bread

~Salmon Delight~

Remove the bones from canned salmon and mix with cooked pasta. Sprinkle cheese on the top and melt under the grill. Cool before serving.

~Steak Tartare~

Finely chop some fresh steak or mince, and serve raw. Raw meat should only be given as an occasional treat.

~Tinned Delight~

Buy one tin of cat food (varieties vary from salmon-flavored to chicken).

Open tin, and delicately empty contents into a cat bowl, using a spoon. Ta da!

~No Fui Tofui~

1/3 cup cooked brown rice

1/2 cup cooked corn

2 ounces tofu (raw or lightly sautéed in butter or tamari)

1 egg yolk

In a bowl, mix the brown rice and corn. Cut the tofu into bite-sized pieces and mix into the rice mixture along with the egg yolk. Serve. Yield: 2 meals;

300 calories per meal

~Tutti Fruitti~

1 teaspoon cantaloupe, minced

1 teaspoon watermelon, minced

1 teaspoon seedless grapes, minced

2 teaspoons cottage cheese

In a bowl, combine the fruit and cottage cheese.

Serve as a treat.

Yield: 1 treat; 10 calories

~Kitty Taco~

1/2 lb. ground beef

1 tablespoon tomato paste

1 teaspoon corn oil

1 corn tortilla, cut into kitty-bite-size pieces

1/2 teaspoon bone meal

1/2 teaspoon brewers' yeast

1/2 teaspoon iodized salt

2 tablespoons cheddar cheese, grated

Heat skillet and start browning ground beef. When meat is half cooked, add bell pepper. Cook the mixture until onions are translucent, and the meat golden brown. On low heat, stir tomato paste, corn oil, chopped tortilla, bone meal, brewers' yeast, and salt. Stir until heated through. Cool and serve topped with grated cheese. Yields 2-3 servings.

~Cat Wrap~

1 flour tortilla

1/8 cup chicken broth

1 cup ground chicken

1 teaspoon salt

1/8 cup of cream (low fat)

Mixing bowl

Mix up ground chicken with chicken broth inside the mixing bowl. After these are mixed, pour the chicken onto the middle of the tortilla. Add 1 teaspoon of salt and 1/8 cup of cream on top of the chicken. Now roll up only two sides of the tortilla until they reach each other. Fold the other sides on top of the rolled up sides until they touch. Serve to your cat!

~Kitten Delight~

1/3 slice of white bread

Milk

Chicken broth (whatever preferred)

Mixing bowl

1/8 measuring cup

Pour milk into the measuring cup then pour into the bowl. Repeat with chicken broth. Tear 1/3 slice of bread into tiny bits, then dump into the mixing bowl. Heat in the microwave for approximately 1 minute. When finished, let cool then serve to kitten.

~Tuna Treats~

Makes approximately 60 treats:

1/2 cup whole wheat flour

1/2 cup nonfat, dry, powdered milk

1/2 can tuna, in oil OR 1/2 cup cooked chicken, chopped into small pieces

1 tablespoon vegetable oil OR cod liver oil

1 egg, beaten

1/4 cup water

Catnip (Optional)

Preheat oven to 350 degrees and grease cookie sheets with cooking spray. In large bowl, mash the tuna (or chicken) into smaller pieces. Then add flour and milk. Mix well. After all is mixed, pour in water and oil. Mix well again. Next beat egg in separate dish until egg gets a foamy texture. Add to mix. Mix well. The dough mix will be sticky, so don't worry. Using your fingers, shape dough into small bite size balls - about the size of a marble. Put balls on greased cookie sheets. Flatten balls with hand. Bake for 10 minutes. Remove treats from oven wait five minutes and turn treats over so other side will cook. Bake 10 more minutes or until golden brown in color. Place treats on cookie rack to cool. Cool for 15 minutes. NEVER give treats to your pet right after cooking. You can add the catnip in the recipe or sprinkle on top of treats. They like it either way. Store in air tight container and store in refrigerator or cool dry place.

~Homecooked Meal for Kitty~

Meat - Ground beef, lamb, chicken, turkey - NO pork - (the coarser the ground, the better). For each pound take 6 oz of spring water (or low salt broth) add 4 drops grapefruit seed extract and mix into meat. Add water and/or broth until you get the consistency of thick chili. Per each pound of raw meat add:

Approximately 2 cups fresh (uncooked or very lightly steamed)

vegetables (finely chopped in the food processor) - for example, carrots, zucchini, etc. (Tip: carrots are good to start with - they are sweet).

Approximately 2 cups cooked grains (finely chopped in the food processor) - examples include rice, cereal, leftover potatoes, and oatmeal.

Kitty Bloom brand calcium supplement per package directions

(including adding the salt) and Kitty Bloom brand vitamin supplement per package directions. You can substitute bone meal or other calcium per various authors.

Two or three times a week add some coat supplement. If stools get too loose, cut back on oil. Optional:

1T aloe vera juice (no sodium benzoate and not during pregnancy). This is very helpful for any digestive problems and/or allergies.

Sprinkle acidophilus over food at mealtime. Especially helpful for cats who have been recently on antibiotics or have had any sort of digestive problem. Sprinkle some Florzayme or Prozyme over meal just before serving... especially helpful when changing a cat over to fresh food from commercial food. Feed at least twice a day. You may freeze or keep in the refrigerator for up to 3 days.

~SassyKat's Tuna-Pops (even safe for diabetic cats)~

Drain liquid from tuna packed in spring water. Freeze liquid in small ice cube trays (cocktail ice cube trays work nicely, as well as little square pill boxes available at most drug stores - only fill these half full). Give no more than 2 cubes at 1 time as a treat. Reuse your can of drained tuna by placing in it an airtight container and covering with filtered water overnight for a second batch of tuna-pop water.

~SassyKat's Special Dinner (good for cats with diabetes or kidney problems)~

1 egg

1 tablespoon minced, cooked green beans

1 teaspoon shredded carrot (if you substitute other vegetables, avoid the ones with a lot of natural sugars)

2 tablespoons baked chicken breast (no skin) minced

1/3 Cup cooked brown rice (unrefined; wild rice is good)

1 tablespoon olive oil (good for preventing hair balls and constipation - common to diabetics)

Mix all of the ingredients thoroughly with a wooden spoon or in a blender/food processor. It's important to get the rice mixed in well so that it can't be picked out. (Diabetics need fiber and cats with kidney failure problems need to limit their protein intake so this serves two purposes.) Cook in a small Pyrex skillet over low heat, stirring and "chopping" constantly, until the egg is at least soft-set but done. Refrigerate in air-tight containers, such as Tupperware, RubberMaid, or Zip-Lock baggies. Use within 36 hours (refrigerated). Stores well in the freezer in Zip-Lock Baggies and can be thawed and warmed simultaneously in boiling water in the bag.

~Diet For The Cat With Kidney Problems~

4 parts carbohydrate: Pureed barley flakes and/or baby food creamed corn

2 parts protein: Lightly broiled chicken or beef or raw organic egg yolk and cooked white- used with meat, not alone (you can also use baby food chicken)

1 part vegetable: Chopped or finely grated raw vegetable or vegetable juice
carrots, zucchini, and alfalfa sprouts are ideal

2 tablespoons Vita-Mineral Mix

2 teaspoons soft butter

Blend the above ingredients together and store in glass jar. Each day mix the following into each meal or administer by dropper after the meal:

1/8 teaspoon mixed mineral powder

1/16 teaspoon Pet Tonic (a B vitamin and iron tonic available from the veterinarian) or 1/2 of a low-potency B complex capsule (10 mg level)

1/4 teaspoon or 1/2 tablet mixed digestive enzymes

~Kitty Heaven (Sardines & Rice)~

2 Flat cans of sardines in oil

2/3 c Cooked rice

1 tb Liver

1/4 c Parsley, chopped

Combine all ingredients. Stir with a wooden spoon to break up sardines into bite-sized pieces. Yields: 2 - 3 servings.

~Bland Diet for Finicky Felines~

1 c Chicken, boiled or micro waved

1/4 c Fresh broccoli, steamed

1/4 c Shredded carrots, steamed

Chicken broth

Mix ingredients with enough chicken broth to hold together. This same recipe can be used with fish (broil or microwave until it flakes.) You can also vary the recipe by adding rice or other vegetables

~Vitamin Rich Meal for Felines~

1/3 c Cottage cheese

2 tb Bisques

1 tb Chopped liver

1 tb Corn oil

1 Dash iodized salt

Mix all together for 1-2 delicious cat servings.

Cat Gift Ideas:

If you would like to make these up and give as gifts to other cat owners, you can go to your local craft store and purchase some clear cellophane bags. Place treats in the bags and tie off with colored ribbon. I like to get some really cute decorative stickers and place on the bag for gift giving. Attach a cute gift card.

You can also get a decorative tin, line the bottom with tissue paper and place treats inside. Put a colored bow on the top with a gift card.

If you want to get really creative, you can purchase a wicker basket and fill it with any of the following items.

- Crunchy Cat Treats
- Catnip
- Balls
- Squeaky Toys
- Stuffed Animals
- Pretty Collar
- Brush/Comb
- Small Cans Cat Food

The list is endless as to what you can fill the basket with. Make it unique to the cat lover you are giving it to. It will be appreciated and cherished.

When finished filling the basket with goodies, wrap clear cellophane around the basket and tie it off with large ribbon and a bow. Attach a cute gift card.